

# NBYFC 2010 Coach Agreement

As a coach you are one of the most important elements in youth football and cheerleading. You must be familiar with the concepts, goals, and philosophies of youth football, your Affiliate Association and, the North Bay Youth Football & Cheerleading Association (NBYFC). The knowledgeable, team oriented coach brings success to their program which not only reflects on their own team, but the teams within the league.

The youth coach is concerned with the player's grades, citizenship and how effective his/her coaching is to the participants. While winning as well as losing is a part of football, a great emphasis must be placed upon sportsmanship and the overall attitude of the team.

The youth coach realizes they are not just a coach to their team, but that their conduct on and off the playing field relies on their ability to positively impact their team, as well as those of the opposing teams. Teach teamwork, co-operation, discipline and demand hard work. Strive to make practice and games a fun and rewarding experience they will enjoy and be eager to return to next year.

Youth coaches must keep themselves informed and up to date on the latest training techniques, drills, isometrics, and stretching exercises used for developing young bodies. Know the proper way to instruct blocking, tackling, and stunt techniques to prevent injury. Also, have a general knowledge of first aid.

It is your responsibility to attend a coaching clinic to assist you in becoming familiar with philosophies and proper coaching techniques. You must have a thorough knowledge of the rules and Policies that govern your Association and NBYFC. The following two publications combine to make the rules for NBYFC.

- (A) The NBYFC rule book. This rulebook is supplied to you by your Association. The NBYFC rule book always takes precedent on day to day issues.
- (B) The National Federation of State High School Association Rulebook.

Coaches may participate in the rule making process by submitting suggestions, in writing, to their association representative to be submitted to the NBYFC Directors.

YOU EXPRESSLY AGREE THAT YOUR POSITION AS A COACH WITHIN NBYFC IS A PRIVILEGE NOT A RIGHT. NBYFC, ITS AFFILIATES, OR AGENTS HAS THE RIGHT TO WITHDRAW SUCH PRIVILEGE AT ANY TIME. YOU HEREBY AGREE TO DEFEND, INDEMNIFY AND HOLD HARMLESS NBYFC, ITS AFFILIATES AND/OR THEIR RESPECTIVE DIRECTORS, OFFICERS, OR AGENTS FROM AND AGAINST ALL CLAIMS AND EXPENSES, INCLUDING ATTORNEYS' FEES, ARISING OUT OF YOUR PARTICIPATION AS A COACH.

I have read and understand the affiliate Association and NBYFC philosophies and rulebooks. I understand my name and fingerprints will be forwarded to the Department Of Justice for a records check. I agree with the objectives in the above publications and will, at all times, set a positive example for the youth that will lead to their development as good athletes and responsible citizens.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ Hm Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Drivers License #: \_\_\_\_\_

Association: \_\_\_\_\_ Position: \_\_\_\_\_

Presidents Signature: \_\_\_\_\_ Date: \_\_\_\_\_